

Working with Limited Palettes, Paint & Paper - Mixed Media Explorations with Jen Rodger

April 9, 2026, 10am to 3pm at Glen Eira and Cheltenham Art Group.

Materials List

I will supply:

- Black and White acrylic paint
- Tissue paper
- Gelli plates and Brayers (but bring your own if you have them)
- Stencils

Please bring:

Paint

Choose ONE of the five limited palette options listed below and bring:

- 3 x tubes of acrylic paint from your chosen palette. (Note palette 5 only requires 2 paint colours)

Drawing & Mark Making Tools

As much as possible, work with what you prefer and what you already own. Here are some suggestions:

- China marker
- Assorted crayon, pens and pencils, e.g. STABILO woody 3-in-1 pencils or Caran d'Ache Neocolor II water soluble wax pastels, watercolor pencils, coloured graphite sticks or charcoal
- 1 x Black Posca pen or a Black Sharpie
- Optional: Any other pens or markers that you enjoy using.

Adhesives & Tools

- Scissors
- Glue stick
- Gloss medium
- A small selection of your favourite brushes, palette knives, paint shapers or wedges
- Painters tape or low tack masking tape
- A palette to mix your paint on
- An Apron or clothes that you do not mind getting paint on!

Surfaces

Choose ONE option:

Option A

- At least 3 sheets of A3 mixed media paper such as the Mont Marte Mixed Media Pad which is 300 gsm.

OR

Option B

- 3 small canvases or boards
 - 8 x 8 inch OR 12 x 12 inch
 - For best results prepare these by applying at least one coat of gesso before class.
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Five Limited Palettes

Choose just **ONE** palette of 3 colours from the 5 palette options below. Black and white is supplied.

I've chosen palettes that are widely available in most acrylic brands and mix beautifully.

1. Primary Foundation

A classic, high-versatility palette.

- Ultramarine Blue
- Quinacridone Red or Permanent Rose
- Yellow Ochre

Why this works: Earthy but still luminous. Mixes beautiful neutrals, soft greys, and deep darks

2. Bold & High Contrast

Stronger, more vibrant, high energy.

- Phthalo Blue (Green Shade)
- Cadmium Red Medium or Naphthol Red
- Hansa Yellow Medium

Why this works: Powerful mixing range. Clean secondaries and strong dark values. Ideal if you love intensity.

3. Earth & Atmosphere

Moody, grounded, expressive.

- Burnt Sienna
- Yellow Oxide
- Prussian Blue

Why this works: Creates rich shadow tones, natural greens, and dramatic darks. Excellent for those who lean earthy or abstract landscape.

4. Contemporary Soft Contrast

Modern, slightly unexpected.

- Dioxazine Purple
- Pyrrole Orange or Orange
- Turquoise or Cobalt Teal

Why this works: Beautiful tension palette. Produces striking neutrals and unexpected greys. Great for artists wanting something less predictable.

5. The Zorn Palette

A timeless, harmonious classic.

- Yellow Ochre
- Cadmium Red Light
- Ivory Black & White (Provided)

Why this works: Although extremely limited, this palette creates beautiful natural greens, soft blue-greys, rich shadows, and warm skin-like tones. It encourages strong value contrast and subtle temperature shifts, resulting in instant colour harmony. Ideal for artists who want depth, cohesion, and a more restrained, atmospheric feel.

Any questions? - Email me on hello@jenrodgercreative.com.au

See you on April 9!